

Amy Nielsen a Minnesota native and healthcare advocate.

My hobbies include creation chemistry for a body's repair and high function, and homeopathy. A Toastmaster since 2013, a dog owner and parent to four children.

My business is health insurance, we are brokers helping you identify a strategy and health plan to match your lifestyle.



In 2014, Amy licensed to become a securities representative and insurance agent leading to a financial advisor. It did not take long to realize no one was addressing the unknown or high cost of medical premiums and care.

Seizing on the opportunity to really help people save money and improve health we started

Lifestyle-Advisors.com a health insurance and planning resource for your good health and protection needs. There are many more options to consider than most most people know about. We serve small business, self employed, and of course individuals.

I Love what we do, we encounter and help so many amazing people and learn new things and stories I can use as lessons in my own life journey. Thank you

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Ephesians 2:10

For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.